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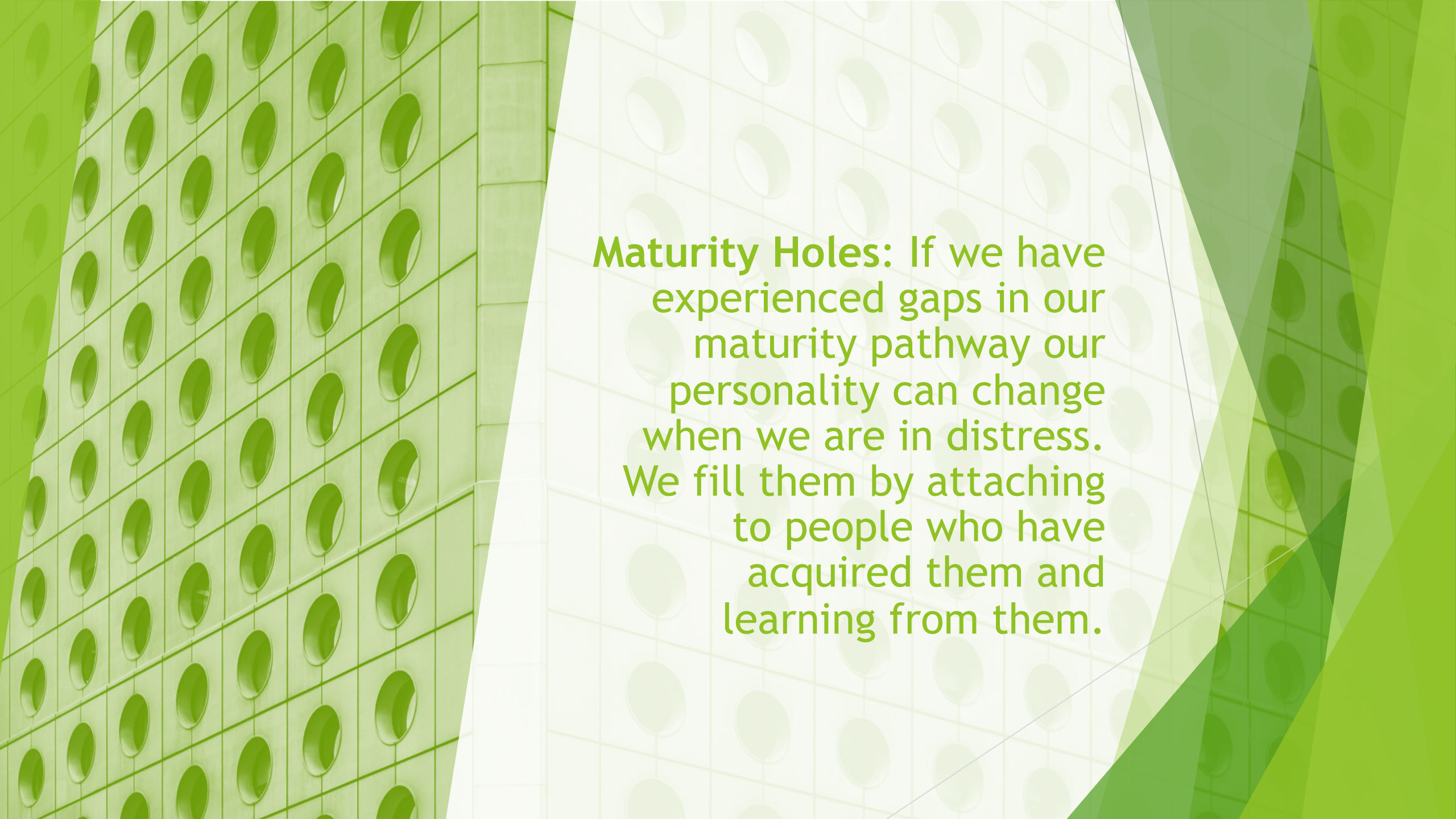
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The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the slide, creating a modern, layered effect. The text is positioned on the left side of the slide, set against a plain white background.

Life Model Leaders' Collective
Session 10
Maturity



Maturity Holes: If we have experienced gaps in our maturity pathway our personality can change when we are in distress. We fill them by attaching to people who have acquired them and learning from them.

Universal Stages of Maturity

Our brain progresses through maturity levels as our associated **needs** are met and we complete the associated **skills** for each stage. The idealized maturity levels are **Infant** (0-4 years), **Child** (4-13 years), **Adult** (13 years-1st child), **Parent** (1st child-youngest child adult), and **Elder** (youngest child adult and beyond).

(Note: Singles can develop similar relational dynamics as parents do.)





A person with Infant maturity can say:

- ▶ I have experienced strong, loving, caring bonds with mother or a woman. I have experienced strong, loving, caring bonds with father or a man. Important needs were met until I learned to ask. Others took the lead and synchronized with me and my feelings first. Quiet together times helped me calm myself with people around me. Important people have seen me through the "eyes of heaven." I can both receive and give life. I receive with joy and without guilt or shame. I can now synchronize with others and their feelings. I found people to imitate so that I now have a personality I like. I learned to regulate and quiet the "big six" emotions. I can return to joy from every emotion and restore broken relationships. I stay the same person over time. I know how to rest.



A person with Child maturity can say:

► I can do things I don't feel like doing. I can do hard things, even if they cause me some pain. I can separate my feelings, my imagination and reality in my relationships. I am comfortable with reasonable risks, attempts and failures. I have received love I did not have to earn. I know my family history. I know how God's family came to be the way it is. I know the "big picture" of life with the stages of maturity. I can take care of myself. I ask for what I need. I enjoy self-expression. I am growing in the things I am good at doing. I help other people to understand me better if they don't respond well to me. I have learned to control my cravings. I know what satisfies me. I see myself through the "eyes of heaven."



A person with Adult maturity can say:

▶ I have had a rite of passage into adulthood by the community. I am comfortable relating to people of my same gender. I have a peer group where I belong. I can partner with others. My relationships are marked by fairness and mutual satisfaction. I protect others from my power when necessary. I protect my personal and group identity when boundaries are violated. I live in a way that expresses my heart. I have a diverse set of roles and responsibilities. I make important contributions to my family and community. I can bring two or more people back to joy at the same time. I use my sexual power wisely. I can proclaim my spiritual identity. I can see others through the “eyes of Heaven.”

A person with Parent maturity can say:

- ▶ I have brought others to life. I have an encouraging partner. I receive guidance from elders. I have peers that hold me accountable. I have a secure and orderly home and community. I can give without needing to receive in return. I see my family through the eyes of heaven. I include others in family activities. I am present with my family. I am protective of my family. I am attentive to my family. I am caring to my family. I enjoy my family. I comfort my family. I help my children mature. I can synchronize the needs of spouse, children, family, work and church.



A person with Elder maturity can say:



- ▶ I have a community of people to call my own. I am recognized by my community. I have a proper place in the community structure. I am valued and defended by the community. I demonstrate hospitality. I give life to the “family-less”. I help my community mature. I build and maintain the community identity. I don’t abandon when I disengage. I share others’ feelings but still know who I am and who they are. I continue to be the same person when provoked or tempted. I bear up well under misunderstandings, accusations, rage, and contradictions. I see some of what God sees in every situation. I enjoy what God has put in each and every person. I live transparently and spontaneously. I build and rebuild trust.