



Life Model Works™



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# Leader's Collectives



*Full Heart - Whole Brain:  
Becoming a Fearless Leader*



# Session 2

## Introduction to the Life Model

## Our Identity Statement:

Life Model Works combines the Bible and brain science to grow a fearless people who love like Jesus.



# Five Word Pictures to Help Us Grasp the Life Model

Enriched Soil - Joy,  
Love (Heb: *hesed*),  
Group Identity, and  
Healthy Correction





# Log Jams and Upstream Splash Dams



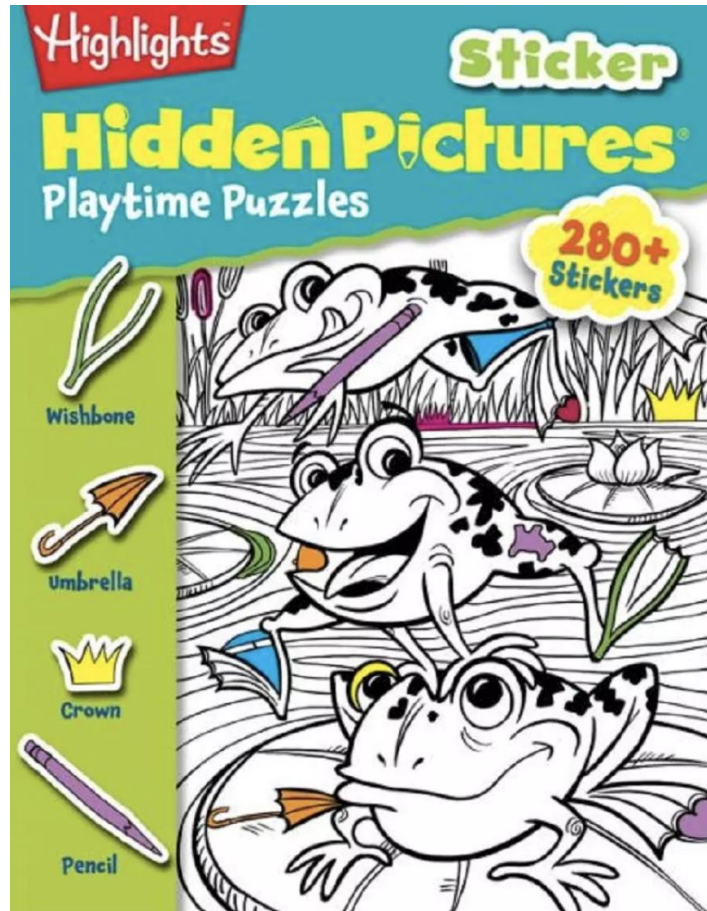
Joy:  
A Rediscovered  
Fuel with  
No Toxic  
Exhaust(ion)  
and Improved  
Performance



# The Oven That Turns Ingredients into Food



Right  
Hemisphere  
Development

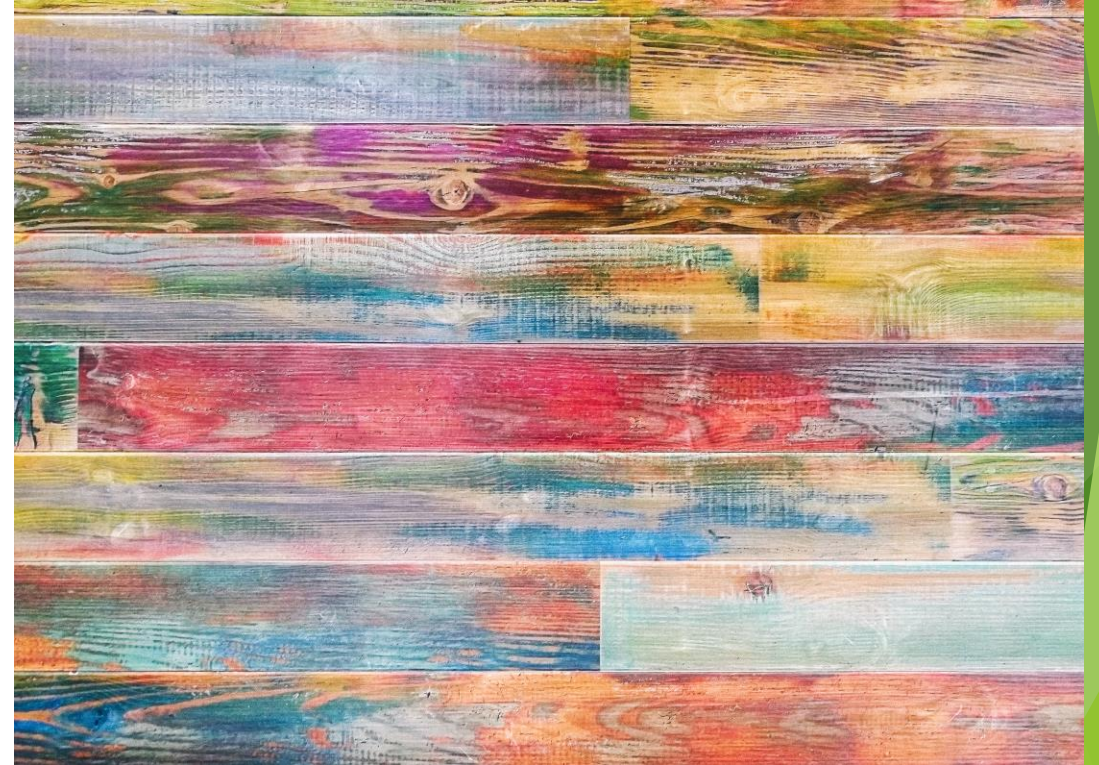


Hidden Pictures -  
God's Presence and  
His Better Narrative  
are Hidden in our  
Memories and  
Gratitudes

# 7 Main Planks in the Life Model Platform

1. Honors 5 Basic Human Needs
2. Integrates Brain Science and Christian Spirituality
3. Presents a Better Understanding of Human Beings
4. Shows How to Regulate 6 Big Emotions
5. Helps Discern Attachment Styles
6. Identifies Stages of Maturity
7. Promotes the 3 Pillars of the Life Model

# 1. Honors 5 Basic Human Needs



# 5 Things People Need to Thrive:

1. A place to belong

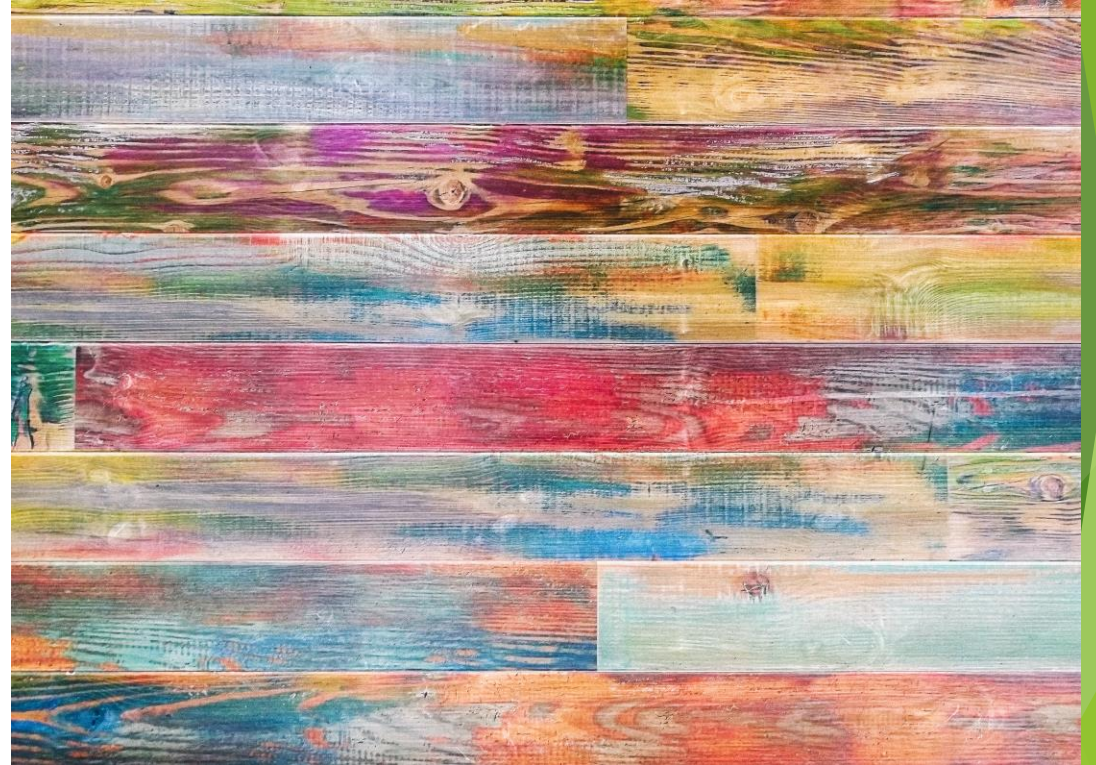
2. To receive and give life

3. The capacity to recover from things that go wrong

4. To mature as they get older

5. To live from their identities or hearts

## 2. Integrates Brain Science and Christian Spirituality



## Why the Neuroscience?

▶ The primary link between brain science and scripture is our basic preconscious yearning - our most primary inbuilt organizing force - and our need for secure loving attachments (*hesed*) with God and people.



- ▶ We are transformed more by who loves us and whom we love (attachment) than by information, facts, beliefs, choices and stated commitments.

### 3. Presents a Better Understanding of Human Beings



# Five to Thrive

A Place to Belong



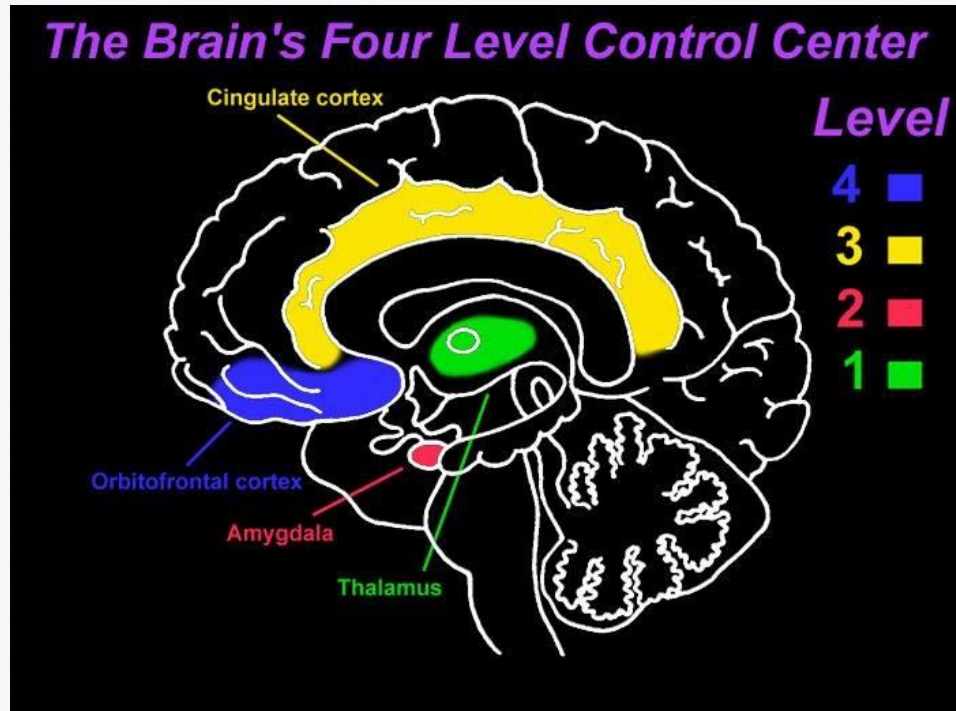
```
graph TD; A[A Place to Belong] --> B[To Receive and Give Life]; B --> C[To Recover When Things Go Wrong]; C --> D[To Mature as We Get Older]; D --> E[To Live from Our Identity/Heart];
```

To Receive and Give Life

To Recover When Things Go Wrong

To Mature as We Get Older

To Live from Our Identity/Heart



Cross-section of Right Brain

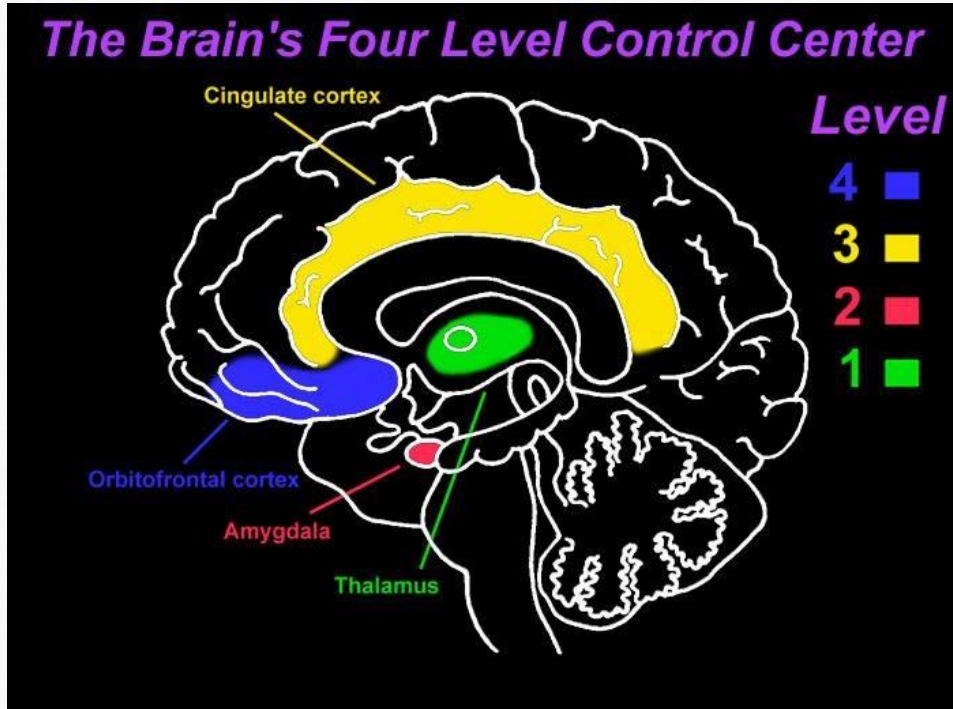
## Right Hemisphere Levels:

4. Identity/Joy Level: Need: to Mature as we age - 3 Face configuration 6x/sec. - An Example and Story

3. Attunement Level: Understood - Need: to Recover from 6 Big Disruptions via a Mutual Mind w/ Another

2. Assessment Level: Need: to Give and Receive Life w/out fear - Self-Calming/Quieting

1. Attachment Level: Loved - Need: to Belong to a Few Others - *Hesed* Love



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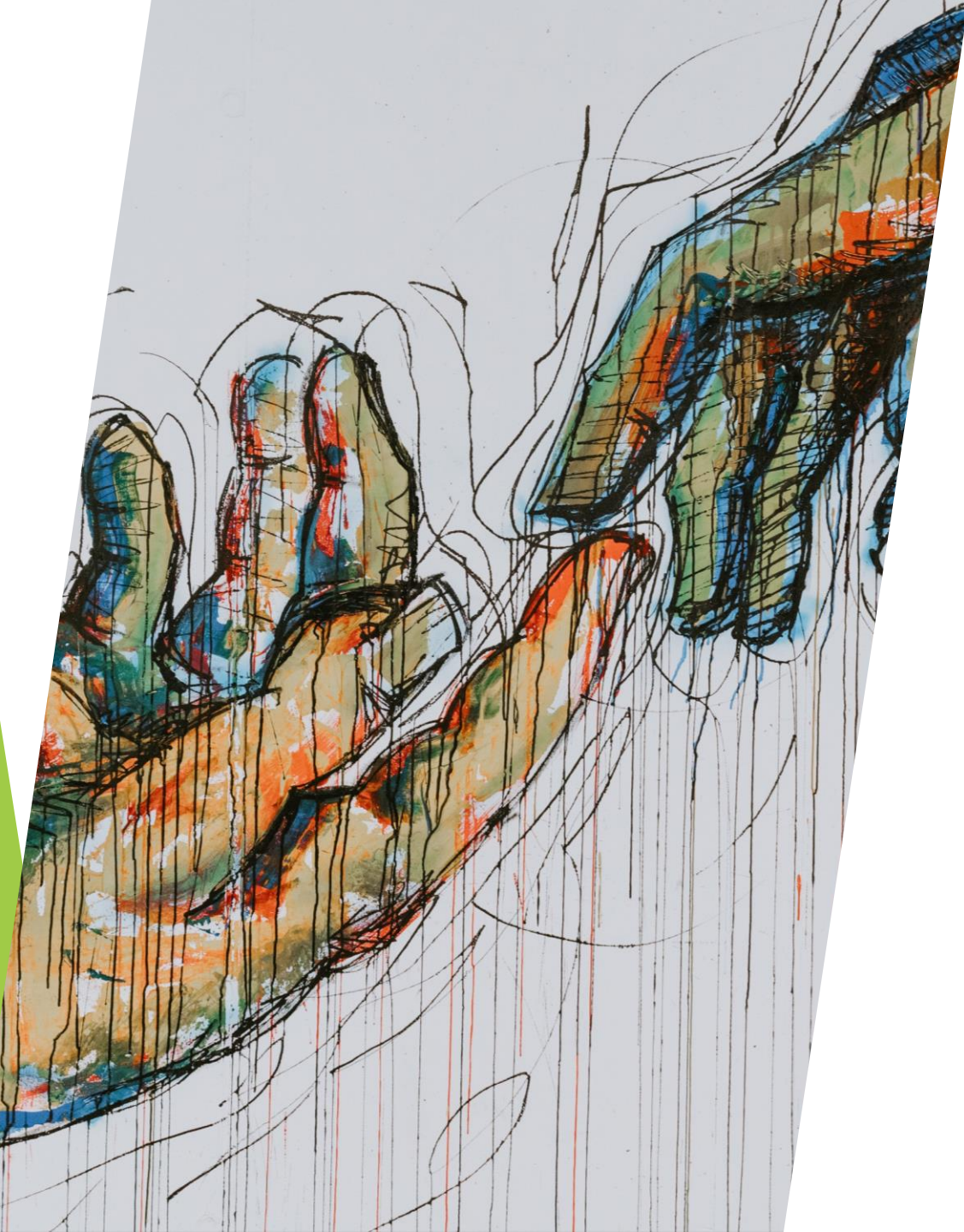
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## Left Hemisphere Synchronization:

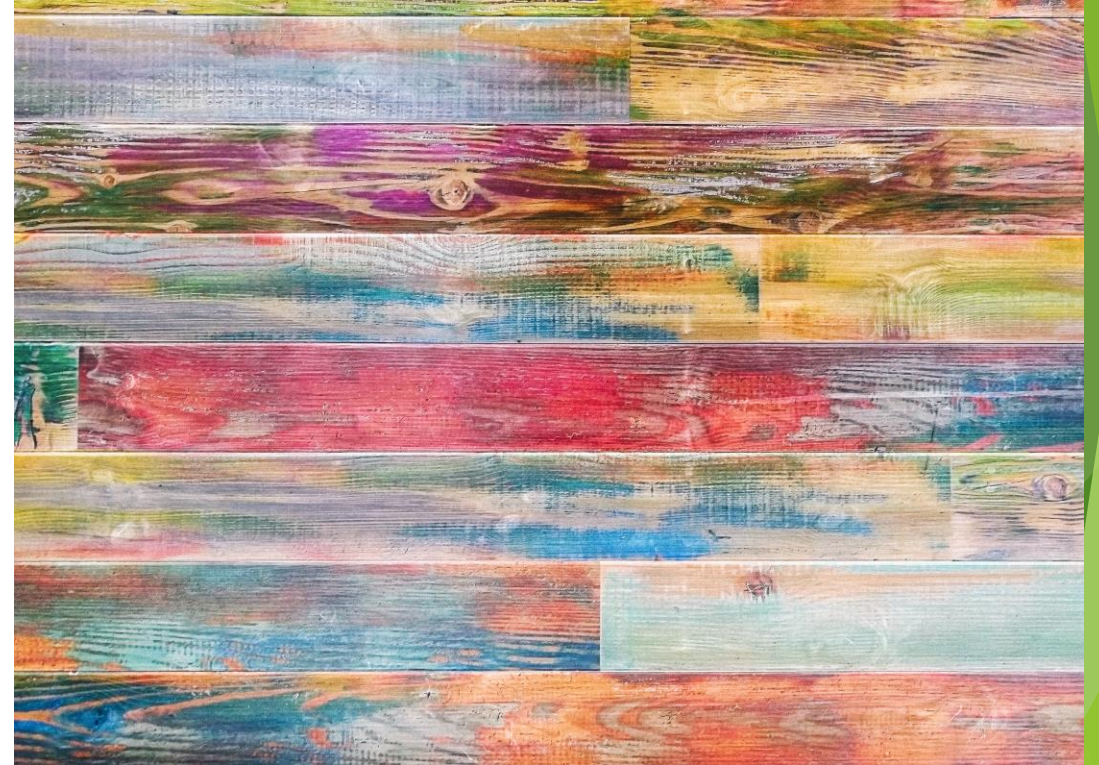
5. Coherence Level: to Live with Understanding - Need: Information

Our discipleship pathway  
must involve accessing and  
activating the  
right hemisphere's amazing  
capacities and  
to **regulate** and **synchronize**  
the ascending stations of  
the master control center  
for the whole brain.



If we know more profoundly how God has designed our brain to operate, it allows us to more effectively cooperate with the human maturation process and with Holy Spirit in transforming our character into the image of Jesus.

## 4. Shows How to Regulate Big Emotions



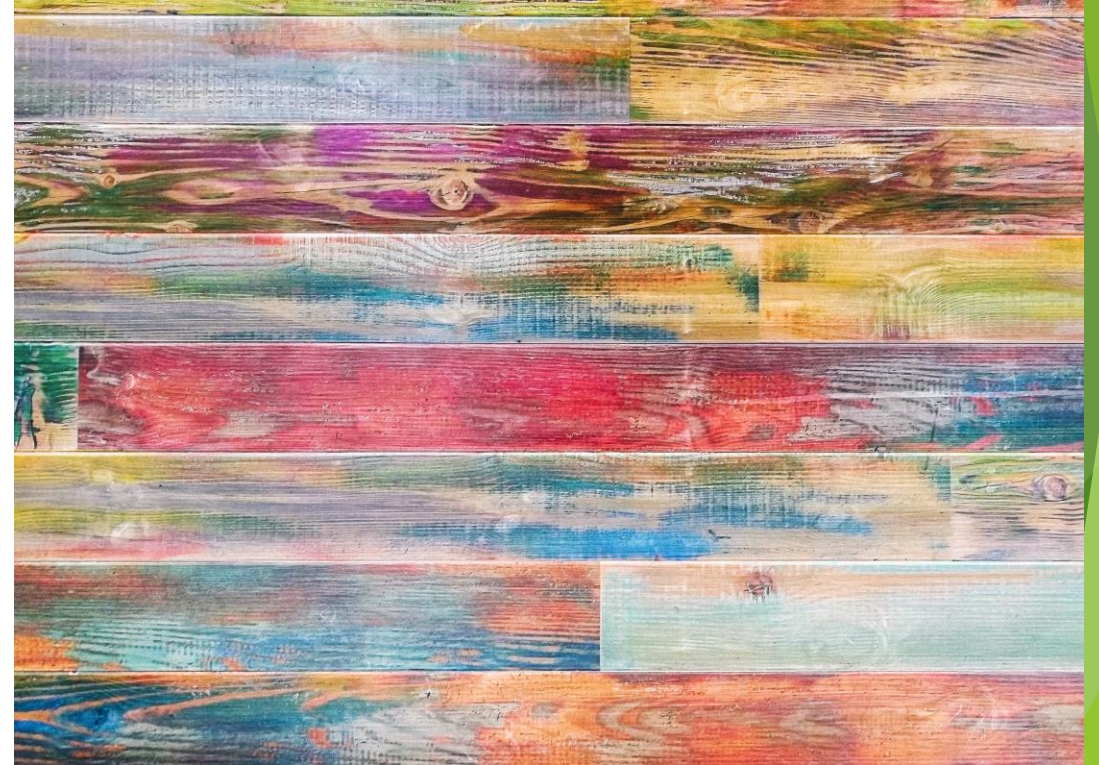


# Primary Emotional Regulation

- ▶ Sadness
- ▶ Anger
- ▶ Disgust
- ▶ Shame
- ▶ Anxiety/Fear
- ▶ Despair (Hopeless)
  
- ▶ SADSAD

- ▶ There are redemptive reasons for this wiring.
- ▶ Goal: To experience relational joy, act like myself and improve my relationships when I am disrupted by the 6 big emotions hard-wired into my right hemisphere.
- ▶ New neural pathways are cut that lead back more quickly into the flow of love, peace and joy through modeling and story-telling.

## 5. Helps Discern Attachment Styles



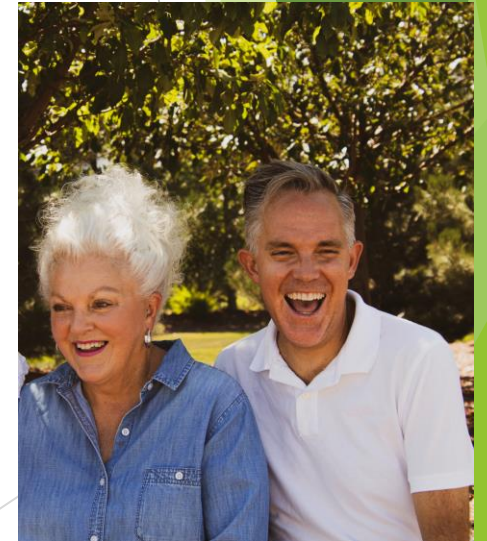
- ▶ Goal: to recognize and grow out of our insecure styles into a secure style.
- ▶ Secure - synchronized attachment “lights”
- ▶ Insecure - desynchronized attachment “lights”
  - ▶ Dismissive
  - ▶ Distracted
  - ▶ Disorganized

## 6. Identifies Stages of Maturity






- ▶ Infant
- ▶ Child
- ▶ Adult
- ▶ Parent
- ▶ Elder



Needs & Skills  
At Every Stage

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The overall composition is clean and modern, with the text centered on the white space.

Goal: To recognize where any "holes" are in our life experience and have them filled by engaging in healthy relationships in a Christ-centered, multi-generational, heart-connected, story-telling community.

## 7. Promotes Three Primary Pillars of Life in Christ



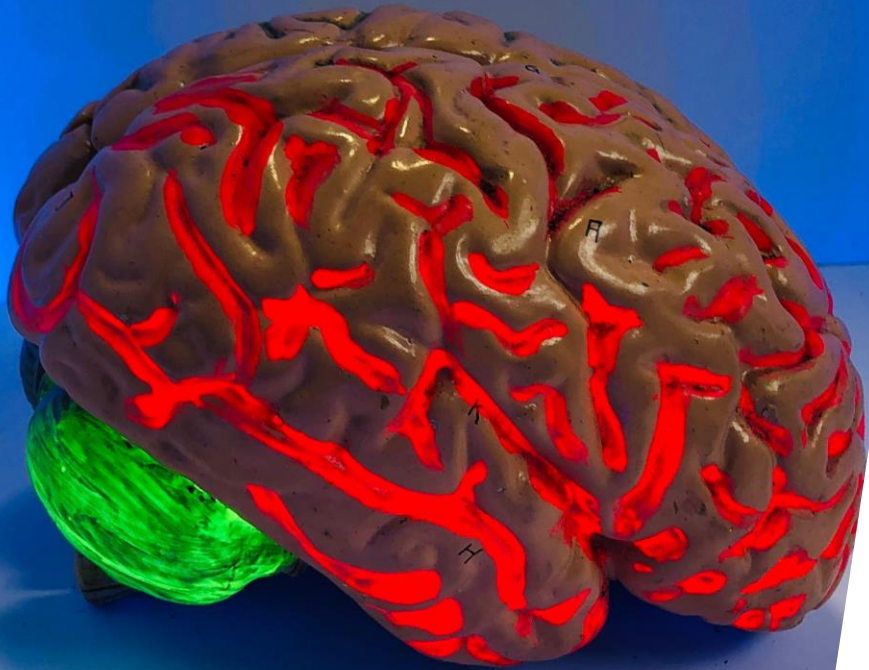


## 1. Living in a Multi-generational community

The Church as a spiritual family

## 2. Developing the 19 Relational Brain Skills - relational circuits on!

Watch Chris Coursey on  
YouTube: <https://bit.ly/3lxXm5z>



### 3. Embracing an Immanuel Lifestyle/Healing

Read Essay: *Immanuel Healing: God With Us* by Jim Wilder and Chris Coursey)



# Retroactive Light

by Michael Sullivant

I recall those moments of delight  
When you were there and all was right  
Then into the haunts of lurking pain  
Probes graceful retroactive light  
Surprised to see you in that frame  
Still with me there you take my shame  
Then into a larger story borne  
My opened heart will sing your fame

Immanuel Healing