



Leader's Collectives Session 3



Full Heart - Whole Brain:
Becoming a Fearless Leader



The Master Control
Center And ...
5 Things We Need to
Thrive Across our
Lifespan

A Place to Belong

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graph TD; A[A Place to Belong] --> B[To Receive and Give Life]; B --> C[To Recover When Things Go Wrong]; C --> D[To Mature as We Get Older]; D --> E[To Live from Our Identity/Heart];
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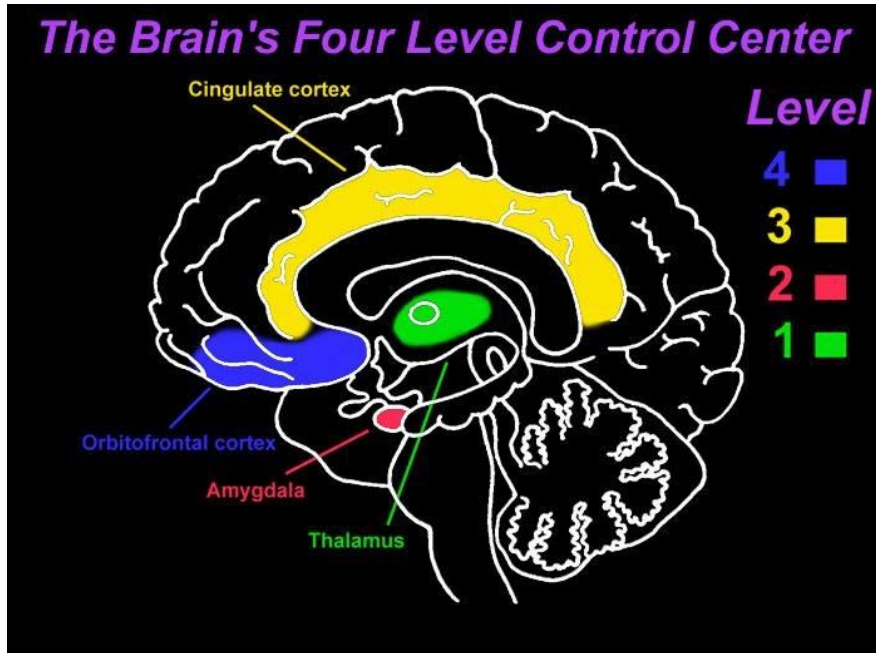
To Receive and Give Life

To Recover When Things Go Wrong

To Mature as We Get Older

To Live from Our Identity/Heart

5 Things Needed To Thrive

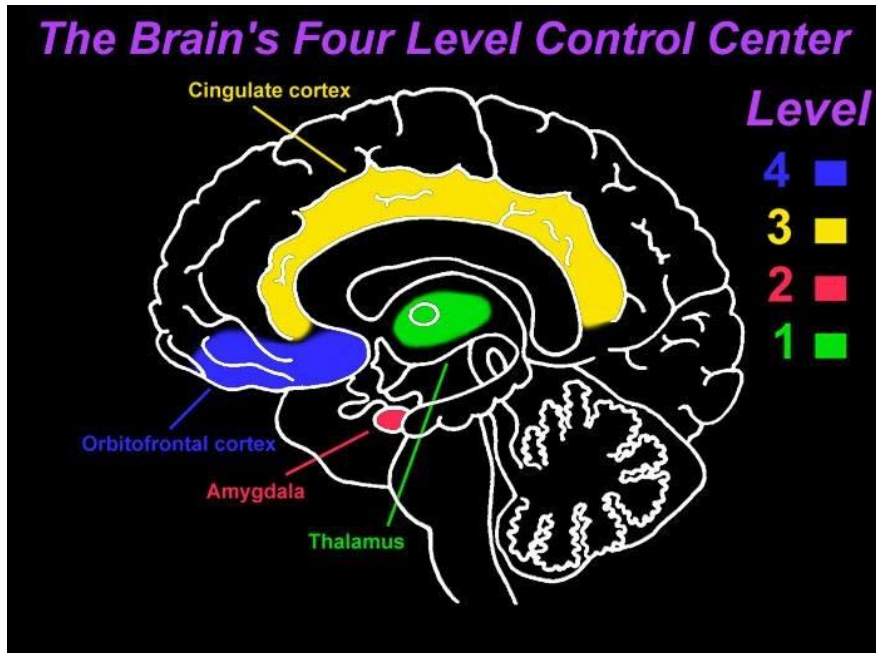


Cross-section of Right Brain

Right Hemisphere Levels:

1. Attachment Level: Need: to Belong to a Few Others - *Hesed* Love

5 Things Needed To Thrive



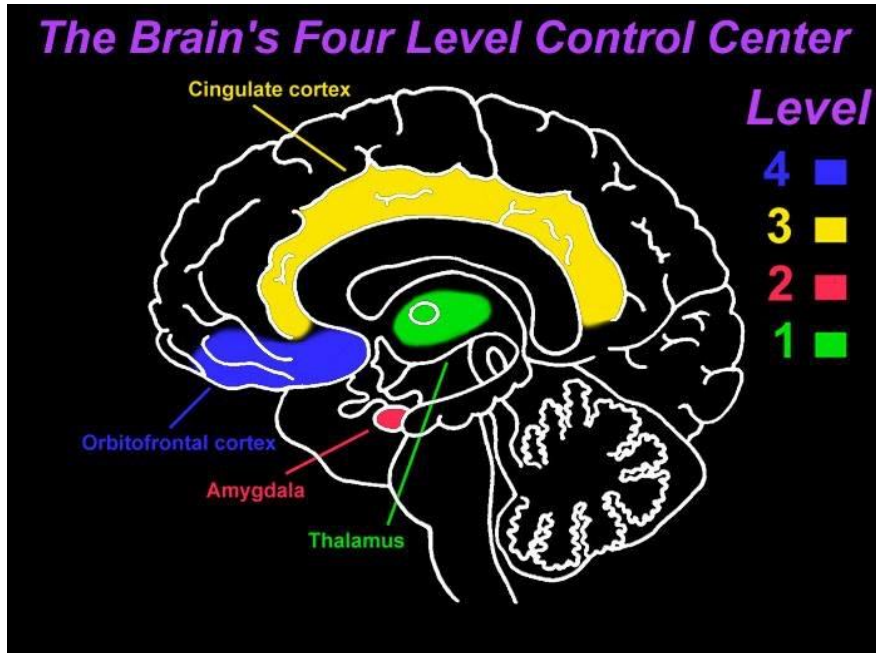
Cross-section of Right Brain

Right Hemisphere Levels:

2. Assessment Level: Need: to Give and Receive Life - Self-Calming/Quieting

1. Attachment Level: Need: to Belong to a Few Others - *Hesed* Love

5 Things Needed To Thrive

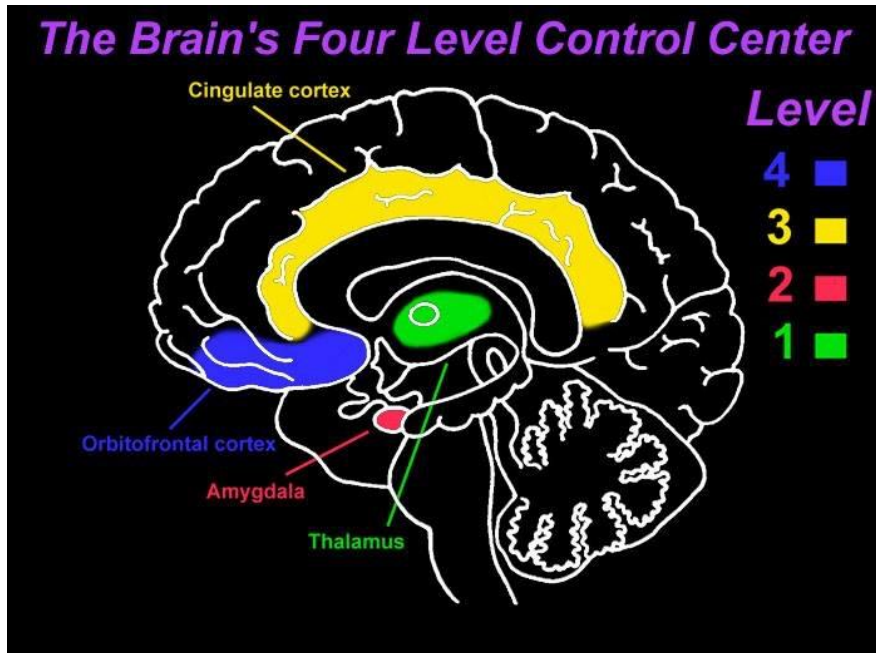


Cross-section of Right Brain

Right Hemisphere Levels:

3. Attunement Level: Need: to Recover from 6 Big Disruptions - Mutual Mind w/ Another
2. Assessment Level: Need: to Give and Receive Life - Self-Calming/Quieting
1. Attachment Level: Need: to Belong to a Few Others - *Hesed* Love

5 Things Needed To Thrive



Cross-section of Right Brain

Right Hemisphere Levels:

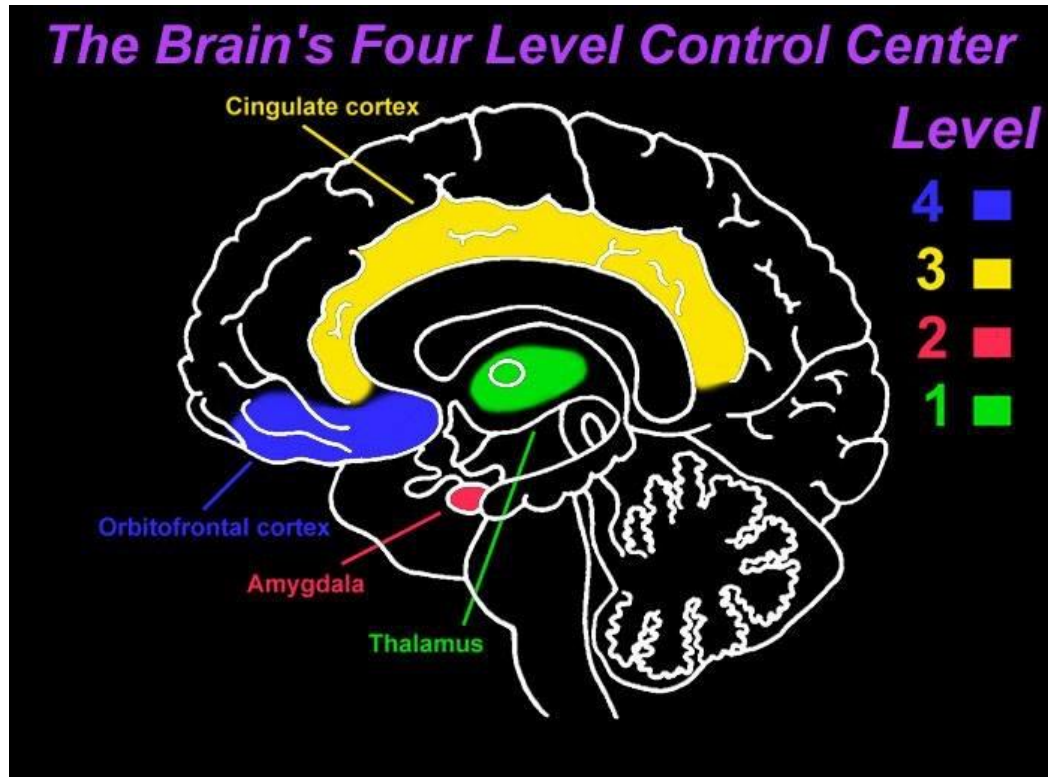
4. Action Level: Need: to Mature as we age - 3 Face configuration for joyful identity 6x/sec. - An Example

3. Attunement Level: Need: to Recover from 6 Big Disruptions - Mutual Mind w/ Another

2. Assessment Level: Need: to Give and Receive Life - Self-Calming/Quieting

1. Attachment Level: Need: to Belong to a Few Others - *Hesed* Love

The Brain's Master Control Center



Cross-section of Right Brain



Right Hemisphere Levels:

4. Action Level: Act like myself:

Need: to Mature as we age - 3 Face configuration 6x/sec. -

Help: An Example

3. Attunement Level: Understood -

Need: to Recover from 6 Negative Emotions

(Sadness, Anger, Shame, Hopeless Despair, Fear, Disgust)

Help: Mutual Mind w/ Another

2. Assessment Level: Assess -

Need: to Give and Receive Life -

Help: Self-Calming/Quieting

1. Attachment Level: Attach/Love -

Need: to Belong to a Few Others -

Help: *Hesed* Love

Left Hemisphere Synchronization:

5. Integration Level: Articulate: to Live with Understanding -

Need: Information